

CONTENTS

Introduction	4	<u>Attitudes about Work and Play</u>	
The Book's Methodology	5	The Work Ethic.....	69
<u>Attitudes about Life</u>		Mel's Garage	72
What's Your Reaction?.....	6	Trials and Triumphs.....	75
Winners and Losers.....	9	Well-Versed.....	79
Pennies from Heaven.....	13	<u>Attitudes about Responsibility</u>	
Good Grief.....	17	The Art of Escaping	82
Both Ways	21	<u>Attitudes about Learning</u>	
Likes and Dislikes	25	Three Snapshots.....	86
<u>Attitudes about Bullying</u>		<u>Attitudes about Truth</u>	
Billy the Bully.....	29	True or False.....	90
Bus Stop Bully.....	32	Would You Believe It?.....	94
Bob's Buddy	35	<u>Attitudes about Animals</u>	
Once Too Often.....	38	The Voice of Delilah	99
Double Trouble	41	Too Many Cats	102
Red Marks	44	<u>Attitudes about Life's Vicissitudes</u>	
<u>Attitudes about Self</u>		Life's Little Annoyances	105
Chance.....	48	Life's Little (and Big) Delights.....	108
Emilio.....	53	Six Little Frustrations	112
<u>Attitudes about Others</u>		<u>Attitudes about the Future</u>	
Strangers	56	Hope.....	116
Envy.....	60	Rosy.....	120
Elation	64	Targets	126